

My Favorite Person



SUBLET SERIES @HERE

2021-22 SEASON

#HERE
@HEREARTS



Welcome!

Thank you for coming to The How's production of *My Favorite Person*, a SubletSeries: Co-Op presentation. This program provides artists with discounted space and equipment, as well as technical support.

HERE also supports the work of artists at all stages in their careers through our HERE Artist Residency Program (HARP), which develops and produces the work of our 10 resident artists, and Visiting Artist presentations for adult and family audiences. Please check out our other performances and events at HERE.org.

Like all the work at HERE, this SubletSeries: Co-Op presentation was curated based on the strength and uniqueness of the artist's vision.

We hope to see you HERE again soon.

Best,

Kristin

KRISTIN MARTING

Founding Artistic Director

ALSO AT HERE

SubletSeries: Co-Op
HIGH FUNCTIONING X.O
AUG 20-21

HERE SUPPORT

HERE is extremely grateful for the support and encouragement of an important group of Foundations, Corporations, Government Agencies, Elected Officials, and dedicated individuals. We would not be HERE without them.

GOVERNMENT SUPPORT

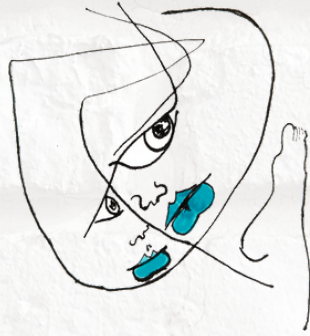
HERE'S programming is made possible with Public Funds from: National Endowment for the Arts; New York State Council on the Arts, with the support of the New York State Legislature; New York City Department of Cultural Affairs in partnership with the City Council, Office of the Mayor of New York, and Speaker Corey Johnson; The Office of Manhattan Borough President Gale Brewer; and New York State Assembly Member Deborah J. Glick. We are extremely grateful for the support and advocacy of all of our dedicated elected officials: Senator Charles E. Schumer, Senator Kirsten R. Gillibrand, Representative Jerrold L. Nadler, Mayor Eric Adams, Manhattan Borough President Gale Brewer, Council Member Jimmy Van Bramer and the Cultural Affairs Committee of the City Council, and State Senator Brad M. Hoylman.

PRIVATE AND CORPORATE SUPPORT PROVIDED BY

Alliance of Resident Theatres/ New York, Axe-Houghton Foundation, Booth Ferris Foundation, Edison Properties, Fund for the City of New York, Howard Gilman Foundation, Jerome Foundation, Inc., Jim Henson Foundation, Joseph and Joan Cullman, Foundation for the Arts, Leon Levy Foundation, mediaThe Foundation, Mental Insight Foundation, Mertz Gilmore Foundation, New York Foundation for the Arts, Select Equity Group, Inc., The Andrew W. Mellon Foundation, The Barbara Bell Cumming Charitable Trust, The Fan Fox and Leslie R. Samuels Foundation, The Scherman Foundation, The Shubert Foundation, Venturous Theater Fund of the Tides Foundation, and the Virginia B. Toulmin Foundation.

HERE, in partnership with Resident Playwright Taylor Mac, is a participant in the Mellon Foundation's National Playwright Residency Program administered in partnership with HowlRound. HERE is a proud member of the Hudson Sq Connection & Lower Manhattan Arts League & The National Opera America Center & TCG.

THE HOW THEATER



The How is where you go to be reminded and renewed when you want

To navigate How to love

How to move

How to grieve

How to play

Everyone who witnesses *My Favorite Person* enters with their own varied history of relationships and yet anyone who has ever loved will be able to find their way into this universal and uniquely specific piece of theater, that is as much about loving another as it is about loving oneself.



Director's Note

"My Favorite Person is a piece born out of love, out of loss, out of curiosity. It is a collage of emotions, images and movements. I am extremely grateful to my team for following me into this cold pool of bathwater. I am extremely grateful to everyone in our lives who had contributed to the piece with their voice, with their music, with their support —family, chosen family, friends, lovers. This piece could not have been done without truly digging into the self, looking inward, and excavating memories and emotions. This process has been beautiful, and in parts scary, mostly because it is frightening to go there. But we must go there eventually, mustn't we?"

— Polina Ionina

Cast & Crew



Polina Ionina (Director and Founder of The How)

Polina Ionina is a Russian-American director/actor. Classically trained at Pace University BFA Acting program in lower Manhattan, Polina has also studied abroad in Kyrgyzstan and at the Grotowski Institut in Poland. In NY she's worked with Interactive PlayLab led by improv pioneer and master clown Jeff Wirth, and with the experimental theater group Dzieci. Polina is a founder of The How, and has performed with and directed the ensemble at celebrated venues such as HERE Arts Center, IRT, The Tank NYC, and Dixon Place. Previous work with The How include: The Vyuga Project, Vandals, Hunger, What We Do, and I Am the Wind, 5 Hour Piece, and My Favorite Person. Polina has also worked with up and coming film-makers in NYC such as Alex Blackstorm, Sonoko Ogata, and Steve Perterson as well as industry giants such as Bob Balaban, and Lisa Robinson.

ig: @mspyaari, www.polinaionina.com



Tana Sirois (Ensemble)

Tana is an actor/director/producer and co-founder of the non-profit arts & culture center Culture Lab LIC. She graduated from The Liverpool Institute For Performing Arts with a degree in Acting. She is the Artistic Director of Dirt [contained] Theatre Company, which makes provocative, socially conscious theatre with an absurd twist. She originated the role of "Alice" in the NYC Premiere of the musical *Painted Alice*. NYC theatre highlights include Lais in Fernando Arrabal's *Garden Of Delights*, Nina (*Stupid Fucking Bird*), Tracy (*Seascape With Sharks And Dancer*), Judy in the NYC Premiere of *Easy Laughter*, and a screwed up version of herself in *Crushing Baby Animals* which she co-wrote in 2019. Film/TV credits: Alexis (Blue Bloods), Katie (For Hope). Tana has been a proud company member in the feminist, musical comedy troupe, Broad Comedy, which tours the country raising money for Planned Parenthood and The ACLU for the past seven years. With a background in physical theatre and original work, her style is rooted in collaboration and improvisation.

ig: @tana_sirois, www.tanasirois.com



David Glover (Ensemble)

David Glover is an artist drawn to telling needed stories; stories that challenge comfort, question vulnerability, and press at the potent roots of trauma and healing. His artistic body of work centers on identity, history, and home. With a focus on the complexities and measures of black life, love and liberation. He has been a company member of The How since 2017. His debut book of poetry *Beneath My body Armor* will be released Fall 2022.

ig: @sirdavidlawrenceglover, actordavidglover.com



Veronika Vozniak (Assistant Director/Scenic Design)

Veronika (org. Weronika Wozniak) is a Polish NYC actress and graduate of Conservatory program at The Lee Strasberg Theatre and Film Institute. Since 2016 performed on numerous Off- and Off-Off-Broadway stages. Selected theatre: A Midsummer's Night Dream (The Seeing Place), The Jewish Question (Sandra Kahn Wasserman Jewish Studies Center), The Video Games (Off-Broadway, Elektra Theatre), Vandals (The How Theater at The Tank, Dixon Place), Detective Story (Heights Players), Spyglass Seven (international Edgar Allan Poe Festival), (Beyond) Domsday Scrolling (Anomalous Co). She's also worked as a dialect coach and cultural consultant for a new play IDEOLOGIX produced by Play Machine Performance Lab workshopped in Julius Slowacki Theatre in Cracow. Currently, she's enjoying a new artistic endeavor as a set designer with The How Theater, which she joined in 2018 as ensemble member.

ig: @vivivozniak, www.veronikavozniak.com



Tyler Agnew (Main Musical Composition)

Tyler Agnew is a musical artist that works in a number of different forms, including: Busy Beds, Toy Factory, Blue Plutos, Howling Boil and Covered Bridges. His aesthetic is hauntological, and a mix between synthetic digital sounds and organic sounds. He works with a group of artists known as Being Records. His most recent records are "Toy Factory" and "Covered Bridges" available from Neverwood Records.

[Listen on Spotify](#)



Zach Lobel (Light Design)

ZACK LOBEL is a lighting and video designer born and raised in Brooklyn, NY. His work ranges from theaters and museums, to nightclubs and cruise ships. Theater: The Public, Guggenheim, Signature, NYTW, Roundabout, La MaMa, New Ohio, Ma-Yi, McKittrick (Sleep No More), 3 Dollar Bill, among others. TV/Film/Other: "Viral" (Editor, Tribeca Film Festival), Lead Editor at Greener Media. Education: Wesleyan University.

<https://www.zacklobel.com/>

ig: @zacklobel

First Bathtub Sequence and Lip To Lip Kissing Sequence Composed by: Luke Bergstedt

Angsty Bathtub Sequence Composed by: Anaïs Maviel

Music/Voices: Bri Chess, David Glover, Tana Sirois, Luke Bergstedt, Anaïs Maviel (Bath sequence sound and voice), Oliver Renaud, Helen Foster, Jolanta Wozniak, Whit Hertford, Polina Ionina, Rand Faris, Irina Ionina, Rosalee DeHuff, Sarah Heywood, Akmal Rakhimov, Max Mahar, Vanessa Hopkins-Glover, Elizabeth Hopkins.

A special thank you to our donors. We could not have done this without you!

Ben Auger, Danielle Cohn, Winston Roumanos-Barzilay, Megan Leigh Trout, Assel Biyasheva, Casey Penn, Irina Ionina, Gavin Black, Jamie Clarke, Mike Garcia, Ashley King, Jesse Fiene, Rebecca Schultze, Dinah Mahar, Rosalie DeHuff, Sarah Bailey Boisvert, Andrew Boisvert, Bob Voges, Landon Alexander, Jackie Denney, Patrick Bergstedt, Carl Vorwerk, Grace Pauley, Brianna Chess, John Ross Bowie, A.J. Muhammad.

Thank you to Culture Lab LIC, the beautiful non-profit arts center that has provided us with free space to rehearse.

Thank you to Mike & Sue Sirois, who gave us the gift of Camp Avalon.

"My Favorite Person"
merchandise is available to order!
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Hoodie: \$45
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